

# SAE Video Submission Steps & Guidelines



Share your SAE experience with others!

## STEP 1 – BUILD YOUR VIDEO PLAN



Done Your name, name of your FFA program and state

Done Determine your area(s) of interest:

- ✓ *Animal Systems – interest in animal related projects*
- ✓ *Plant Systems – interest in grain, forage, vegetable and other crop related projects*
- ✓ *Agribusiness – interest in business development or sales*
- ✓ *Power Structural & Technology Systems – interest in mechanical/technology projects*
- ✓ *Leadership, Education & Career Planning – interest in educational/career planning projects*
- ✓ *Natural Resources – interest in wildlife and natural resource projects*
- ✓ *Environmental Resources – interest in conservation and monitoring quality projects*
- ✓ *Food Products & Processing – interest in food service/food safety projects*

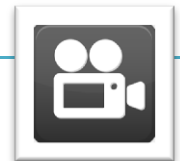
Done Consider project details, including:

- ✓ *How did your classes and or family influence your project?*
- ✓ *What are your daily activities related to your project?*
- ✓ *What did you learn from your project?*

Done Consider learning outcomes, including:

- ✓ *What is your future educational interest?*
- ✓ *What is your future career interest?*

## STEP 2 – RECORD YOUR VIDEO



Done Choose your filming location

- ✓ *Select a background relevant to your SAE project*
- ✓ *How is lighting, echo and background noise?*

Done Film to create success

- ✓ *Use a tripod or hold your device very steady; perhaps stabilize camera on a table or against an object*
- ✓ *Film with a horizontal orientation*
- ✓ *Do not film into the sun (your subject will appear dark)*
- ✓ *Turn off fans, machinery, air conditioner, etc. to reduce background noise.*

Done Review your video for content & length

- ✓ *Did you clearly and concisely express the main points?*
- ✓ *Video should be less than 2 minutes long*

## STEP 3 – UPLOAD YOUR VIDEO



Done Visit <http://exploresae.com/saevideos> and follow instructions to access and complete all sections.

Done All entries must adhere to the entry requirements specified below:

- ✓ *Time must not exceed two (2) minutes*
- ✓ *Videos can be uploaded from your computer or from your phone*
- ✓ *You may submit more than one entry*

**Notice:** Video entries may be posted at [www.exploresae.com](http://www.exploresae.com), [www.theaet.com](http://www.theaet.com) and/or AET-driven social media pages.

